**Missoula County Public Schools**

**Graduations Matters Missoula Student Wellness Subcommittee**

Wednesday, October 23, 2013

3:30-5:00pm

Administration Building, Room 14

**Guiding Question:**

How do we work with students, staff, parents, and community members to identify and implement strategies that will significantly improve the physical and mental health of students so that we may ensure 100% graduation for all students, regardless of circumstances?

**Long term targets:**

***Enhance Student Wellness*** – work with students, staff, parents and community members to identify and implement strategies that will significantly improve the physical and mental health of students. Work on both policy and curricular recommendations in the following subcategories:

* Nutrition
* Physical Activity
* School Health
* Mental Wellness/Substance Abuse Prevention

**Short term targets:**

* Debrief Oct. 4th Summit for Healthy Children event (Plus/Delta protocol)
* Determine what “outcome(s)” we want from the Feb 21st Summit for Healthy Children
* Develop working title for Feb 21st Summit for Healthy Children with a focus on nutrition/competitive foods
* Review plans and next steps for Feb 21st, 2014 Summit for Healthy Children event
  + Registration (Lisa)
  + Venue (Steve)
  + Agenda (Linda/Lisa)
  + Breakout Sessions (Linda/Lisa)
  + Budget (Heather)

**AGENDA**

|  |  |
| --- | --- |
| **3:30-3:35** | Welcome and review agenda |
| **3:35-3:50** | Debrief Oct. 4th Summit for Healthy Children event (Plus/Delta protocol)   * What went well? * What might we do differently next time? |
| **3:50-4:05** | Determine what “outcome(s)” we want from the Feb 21st Summit for Healthy Children |
| **4:05-4:20** | Develop working title for Feb 21st Summit for Healthy Children with a focus on nutrition/competitive foods (how do we express what we mean by “competitive foods”?) |

|  |  |
| --- | --- |
| **4:20-4:50** | Review plans and next steps for Feb 21st, 2014 Summit for Healthy Children event   * Agenda (Linda/Lisa) –   + what format do we want to use?   + Do we want break out sessions?   + Keynote?   + How do we focus people on the policy/practices around foods within the school setting that compete with the healthy foods provided through the school lunch program? * Breakout Sessions (Linda/Lisa) Begin to develop working titles if we choose to go this direction * Budget (Heather) what costs are we looking at?   + Room rental   + Food   + Parking   + Registration bags/folders/nametags/”swag”   + Session supplies (notepads, pens, markers, chart paper, etc)   + Keynote speaker:     - Airline tickets     - Lodging     - Ground transportation     - Baggage     - Food/Per Diem     - Honorarium |
| **4:50-5:00** | Closing and next steps: Review who will complete what  ***DETERMINE DATES and TIMES FOR NOVEMBER AND DECEMBER (4TH Wednesdays do not work because of holidays)***  ***Proposed options (WILL CHOOSE TWO OF THE FOLLOWING):***   * Wednesday, November 6th, 3:30-5pm * Thursday, November 14th, 3:30-5pm * Monday, November 18th, 3:30-5pm * Monday, November 25th, 1-2:30pm * Thursday, December 5, 3:30-5pm |